## Waratah Public School



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Term 4 - Week 9

RESPECT RESPONSIBILITY LEARNING

Wednesday 4 December 2013

#### Dates to Remember Term 4

Thursday 5 December	Preschool Christmas
	Concert 2 Day
Friday 6 December	Whole School Assembly
	11.30 am
Wednesday 11	Presentation Day
December	

#### Dear Parents,

#### Special events in weeks 9 and 10

We are having quite an eventful couple of weeks with our end of year activities.

#### **Tuesday 3 December**

We held the first of our Preschool concerts in our hall with the 3 day group performing for parents and friends and Thursday 5 December we will hold the concert for our 2 day group.

#### Wednesday 4 December

Year 6 participated in a High School Orientation Day for Year 6 students around the state. This was one of many opportunities for Year 6 students to be introduced to the high school environment.

#### Friday 6 December

This will be our last K—6 Whole School Assembly for 2013. We expect to begin at the usual time of 11.30 am.

#### **Tuesday 10 December**

The P&C will hold its annual Christmas lunch for the students. No other hot food will be served on the day.

#### **Tuesday 10 December**

We will be practising for our Presentation Day ceremonies.



#### Wednesday 11 December—Presentation Day

10.00 am 3-6 ceremony featuring

- •3-6 class awards
- •Year 6 Graduation certificates
- •Special Year 6 awards

•Announcement of student leaders 2014 (please note induction will take place in 2014)

#### 11.45 am K-2 ceremony featuring

#### •K-2 class awards

•Announcement of student leaders 2014

At these ceremonies we will be joined by a number of special guests including Tim Owen MP, Dr Fiona Walsh and Mrs Nicole Avard representing Waratah Technology High School, Mrs Glennis Armstrong representing The Rotary Club, Mr Arjonilla who represents Sharon Claydon MP and Mrs Bailey who is our long standing dance teacher.

#### Wednesday 11 December

<u>Year 6 Farewell will be held at Alder Park</u> <u>Bowling Club at 6.00 pm—8.30 pm</u>

#### Friday 13 December

Our P&C will hold their Twilight Picnic (see below for details)

#### **Twilight Picnic**

On Friday 13 December our P&C will be holding a Twilight Picnic. The aim of the evening is to have an informal time in which students, parents and teachers can share time together. In particular it is a good time for prospective parents to bring their children to the school to meet with other parents. There will be stalls and carol singing; and classes, the choir and the ukulele group will be performing. The picnic will take place on and around the bank near the hall. Should it be raining the picnic will take place under the hall COLA. Parents are encouraged to bring along a picnic tea, picnic chairs and rugs.

Please note that **NO dogs or alcohol** can be brought onto the school grounds during this event.

Thank you to our P&C for the organisation of the Twilight Picnic and to teachers for preparing the students.

Friday 13 DecemberStage 2 party at Stockton Pool

Monday 16 December K-2 Party Day

Tuesday 17 December ●Stage 3 Party Day

Wednesday 18 December Students Last Day Farewell assembly at 2.20 pm and Year 6 clap out.

#### Dress code for last weeks

We would like all students to be in full school uniform for their Presentation Day ceremonies.

**Year 6 farewell** – smart casual dress, appropriate footwear.

**Final student day for 2013** – full school uniform.

Regards Mrs Butler





#### **Twilight Concert**

Friday 13 December 5.00 pm-7.30 pm Christmas Gift Stalls Raffle Draw Carols and Santa BBQ and Drinks NB: You can pre-order your sausage sandwich and drinks. Please see the form in the bulletin.

#### **The Uniform Shop**

End of Year Sale Maroon Sports Shorts \$10

2<sup>nd</sup> hand boys grey shorts \$4

old supplier stock

boys cotton grey cargo shorts -\$10 (#14)

Maroon sports shorts - \$5 (2x#14) Cash, cheque or lay-by only. Monday: 8.30-9.15am Friday: 2.30-3.15pm

#### **CANTEEN ROSTER**

Thursday	5 December	J Sparks R Peterson
Friday	6 December	L Rowbottom K McGelligott
Monday	9 December	A Benton
Tuesday	10 December	K Ellis A Vega S Corrigan
Wednesday	11 December	K Carr J Rowat J Gee



#### MORE Waratah Public School Master chefs

Two weeks ago students from 5/6P turned organic produce from our vegie patch into a mouth-watering gourmet banquet. Cooking in a makeshift kitchen in the multipurpose room, students worked together in small groups to read their given recipe, identify and collect ingredients, prepare, cook, clean up



and finally serve their dish. On the menu was zucchini, carrot and corn fritters; zucchini buttons; fresh herb bread; spinach and cheese cob; roast beetroot and tzatziki dips; and roasted beetroot, feta and green salad.

The cooking experience was all about taking fresh herbs and vegetables grown by students in the vegie patch and providing an opportunity to create tasty meals for everyone to try. Students were encouraged to sample food they hadn't tasted before. It was delightful to see many surprised faces at how good their dishes turned out. A few students even remarked they hadn't liked a certain vegetable before but now they did after tasting the sessions cooked meals.

Again so many positive outcomes and comments came from 5/6P cooking master class, however, this opportunity couldn't have come together without the help of teachers, parent and grandparent helpers, P&C and canteen ladies, and of course 5/6P. Well done and thank you to those who helped make this cooking master class another experience to remember!

#### Cooking with 1/2L

Last Thursday students from 1/2L had the opportunity to use the broad beans they grew in the vegie patch and watch how to make a broad bean dip as well as roasted



beetroot dip. Students helped with identifying and measuring out ingredients and then the best part – tasting!! Along with these yummy dips, they also got to try carrot and celery sticks, pita bread, and zucchini buttons as the vegie patch is currently producing some massive zucchinis. Like the senior years, students were encouraged to be brave and courageous to try something new. It was great to see almost every hand hit the air when asked if they liked what they were eating. A big thank you to Mrs Campbell and Mr Younger for helping to make this an enjovable event.

I have added 2 zucchini recipes in this bulletin for those students and parents who may want to try cooking these simple recipes at home. They are also great for lunch boxes.

Bon Appetite! Richelle Ervine P&C





## *Zucchini, Corn & Carrot Fritters*

**Ingredients** 

1/2 cup milk
3 eggs
90g butter, melted and cooled
1 cup plain flour
1 med zucchini grated
2 small carrots peeled & grated
1 cob corn—kernels removed
1/4 cup finely chopped parsley
3/4 cup grated parmesan cheese
Salt & pepper
Spray oil

#### <u>Method</u>

- Whisk milk, eggs, and butter together in a large jug.
- Place flour in a mixing bowl and make a well in the centre. Using a metal spoon stir in milk mixture until just combined.
- Grate zucchini and squeeze out excess liquid. Grate peeled carrots. Finely chop parsley.
- Add zucchini, carrot, corn, parsley, and parmesan cheese to milk mixture. Stir until just combined. Season with salt & pepper.
- Spray frying pan and heat to medium heat. Pour 1/4 cup servings of mixture into pan. Cook for 3 mins each side or until golden and cooked through.
- 6. Repeat with remaining mixture spraying with oil when required.

## Zucchini Buttons

#### **Ingredients**

- 3 large zucchini 1 small leek 200g or 3 rashers bacon
- 1 cup tasty cheese
- 1 cup self raising flour
- 5 eggs
- 1/2 cup olive oil

#### <u>Method</u>

- 1. Pre heat oven 180°c.
- Wash and grate zucchini. Wash and finely chop leeks. Dice bacon finely.
- Heat 2 teaspoons of oil in frying pan over medium heat. Cook leeks and bacon for 3-4 mins. Remove and place into large mixing bowl.
- Add zucchini, grated cheese and flour to mixing bowl.
- In small bowl, combine eggs and oil.
   Then add to zucchini mixture and mix well to combine.
- Using 3 mini muffin trays, spoon mixture evenly into muffin trays.
- Bake in oven for 20-25 mins or until cooked through. Note: You may need to change trays over in oven to ensure cooking evenly.





Year 6 will be holding a fund raiser on Friday November 15. 22, 29 and Friday December 6 and 13 to raise money for the Year 6 gift to the school. The children will be selling ice creams for \$1.00 each on both Fridays at lunch time.

Thanks for your support!



Some Hamper Donation Ideas			
PRESCHOOL	KINDERGARTEN	YEAR 1	
Coffee	Savoury Biscuits	Minced Pies	
Теа	Sweet Biscuits	Nibbles – nuts, rice crackers,	
Сосо	Muesli Bars	pretzels etc.	
Herbal Tea	Lollies	Cake Mix	
Christmas Cake	Dip Biscuits	Pancake/Pikelet Mix	
Shortbread	Chips	Christmas Puddings	
	Popcorn	Muffin Mix	
YEARS 2	YEAR 3	YEAR 4	
Noodles	Spreads – Vegemite,	Tinned Food – Fruit and Veg	
Pasta	Peanut Butter etc.	Tinned Tuna etc.	
Sauces – Tomato, BBQ, Gravy Powder Baked Beans etc.		Baked Beans etc.	
Apple, Mint etc. Stock – Chicken, Beef, Pasta Sauce		Pasta Sauce	
Pesto Veg. Foil			
Mayonnaise Jams and Conserves Cling Wrap		Cling Wrap	
Salad Dressings Pickles/Chutney Baking Paper		Baking Paper	
Tomato Paste	Marinades		
YEAR 5	YEAR 6	Anything that would help for	
Bon Bons	Soft Drink	Christmas Lunch or feed the	
Wrapping Paper	Nrapping Paper Juice kids during the holidays.		
Sticky Tape Cordial			
Wrapping Decorations			
Christmas Decorations	Soda Water	and	
Napkins	Sunscreen	Thank You	
	Aeroguard	From the P&C	

	Term 4 Calendar 2013				
T4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	2 December P&C Dinner DEC end of year financial rollover (no eftpos and payment facilities at office)	3 December <i>Red Carpet Movie</i> <i>Night 5/6C</i> Preschool Christmas Concert	4 December Scripture service In the hall 9.15 Orientation Day at WTH for Year 6	5 December Pre-school Christmas Concert	6 December Whole School Assembly 11.30 am
10	9 December	10 December Rehearsals for presentation Day Canteen student Christmas lunch	11 December Presentation Day Years 3—6 10.00 am Years K—2 11.45 am Reports Go Home! Year 6 farewell	12 December Tinonee Gardens 4/5S and choir	13 December Last Canteen Day St 2 Party Day Twilight Picnic 5.00—7.30
11	16 December K-2 Party day	17 December St 3 Party Day	18 December <b>Students Last Day</b> 2.30 Year 6 clap out	19 December SDD	20 December SDD

### Term 1 Calendar 2014

T1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	27 January	28 January	29 January	30 January	31 January
		Staff	Students resume	Kinder—Best start	Kinder—Best start
		Development Day	Years 1—6	interviews	interviews
2	3 February	4 February	5 February	6 February	7 February
	Preschool returns	Swimming Carnival	Preschool returns		
	Kindergarten starts				
3	10 February	11 February	12 February	13 February	14 February



## **INSIGHTS** by Michael Grose—Australia's leading parenting educator

# Making the most of these holidays

Often family differences are contained during the year but spill over when normal routines cease over the holiday period.

You don't need an instruction manual to make the most of the school holidays. After all, holidays are about kicking your feet up, relaxing and getting away from the usual routines. Right?

But the festive season can be stressful for many. For parents the prospect of keeping children occupied for up to six weeks can be daunting.

Christmas can also be a difficult and lonely time for some. Sole parents and step-parents usually experience particular challenges at this time of the year as family catch-ups cause conflict, and disputes can arise over who children spend their time with.

Often family differences are contained during the year but spill over when normal routines cease over the holiday period.

Here are some ways to help reduce tension over the festive season and make the holiday season enjoyable and fruitful for all:

#### Be creative with how festivities are organised.

If you are flexible with your arrangements as well as your thinking then the potentially tricky times will flow more easily. For instance, two or more Christmas dinners may be needed so everyone is included.

#### Mix up the routines.

The best part about holidays is the change from the routines of school-life. Some kids feel comfortable with the routines of school-life and can feel a little lost until the new holiday routine kicks in. Be patient with these routine- junkies! Also make sure you begin adjusting the routine as returning to school comes closer so kids are prepared for going to bed and getting up at earlier times. Plan a mixture of outdoor activities or trips with quiet at-home activities where you can relax and recharge your own batteries. The holidays give you a chance to spend time as a family but you also need to take some time for yourself each day. It helps to let your kids know that you are having some timeout too.

## Resist being your child's home entertainment machine.

Give children opportunities to keep themselves occupied or think of inexpensive, fun ways to keep themselves amused. "I'm bored" is an invitation for kids to keep themselves occupied rather than for you to keep them amused.

#### Team up with other families.

Whether it is sharing celebrations with other families or just holidaying with friends, holidays offer the chance to broaden your child's social circle.

Make sure you provide the three types of activities that children want with their parents – i.e. rituals and celebrations, including family mealtimes; oneon-one activities where you spend some time alone with each child; and unstructured, impromptu activities such as playing simple games, storytelling and walks around the neighbourhood. These are important relationship-building activities that bind families together and enable you to build up emotional collateral with kids as they move into adolescence.



#### Mix 'me' time with 'them' time.



## KINDERGARTEN AND PRESCHOOL ENROLMENTS ARE NOW BEING TAKEN FOR 2014

Please contact the school office for an application form

Children must turn 5 before 31 July the year they are attending Kindergarten Children must turn 4 before 31 July the year they are attending Preschool

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2013 Twilight Concert Friday Decer	mber 13
Sausage Sizzle Order Form	
	Class

Name		Class	
Contact Number(s	5)		
Saus	age Sandwiches @ 2.50 each	Total \$	
Drin	ks @ \$2 each	Total \$	
		Order Total \$	
Please place your	order and money in the P&C Post E	Box in the office foyer by	
Wednesday	11 Dec 2013		

<b>Twilight Picnic Helpers</b> We are looking for volunteers to help at the Twilight Concert on Friday 13 December. The stalls run from 5.00 pm until 6.15 pm. We would appreciate any time your can give. Money raised will go to equipment for the kids.		
Name	Phone	
	elp on the	
	Gift Stalls   BBQ  Drinks Stall	
	Raffle 🗆 Setup (2pm—5pm) 🗆 Hamper Wrapping	
Please place in the P&C box in the office foyer		
Call Anne for more details 49688817		
Thank you for your support		