



KINDERGARTEN AND PRESCHOOL

ENROLMENTS ARE NOW BEING TAKEN FOR 2017

If you have friends, family, neighbours that have children ready for Preschool and Kindergarten

Vacancies are filling quickly, so remind friends and family who intend on enrolling at WPS, so they don't miss out.

Please contact the school office for an application form

Children must turn 5 before 31 July the year they are attending Kindergarten

Children must turn 4 before 31 July the year they are attending Preschool



2016 Newcastle Zone PSSA Carnival

Notes will be coming home today if your child has been selected for the Zone Carnival.

Track events will be held on Friday 29 July 2016.
800m and Field events will be held on Tuesday 2 August 2016.

If you require further information please see Mrs Folpp (5/6F).

DATES TO REMEMBER TERM 2 / 3

Tuesday 28 June	Pick up Pie Drive orders
Friday 24 June	Preschool family BBQ
Tuesday 28 June	Preschool Police Station visit
Tuesday 28 June	Stage 2 Public Speaking Finals 9.15 am—Hall
Thursday 30 June	NAIDOC DAY Community meeting days will start Week 5
Friday 1 July	Preschool Police Station visit
Friday 1 July	Last day of Term 2
Monday 18 July	Pupil Free Day Staff Only
Tuesday 19 July	Students resume for Term 3

Congratulations to our wonderful P&C President, Richelle Ervine who was presented with a Newcastle Volunteer Service Award last Thursday from Sharon Claydon—Federal Member for Newcastle. Thank you Richelle for your commitment and dedication shown to our school and the general community.

NAIDOC 2016 at Waratah Public School

Thursday 30 June

We are planning to hold NAIDOC day on Thursday 30 June. All members of the Waratah Public School community are invited to attend. The meetings will take place in KD at 3.15 pm.

Our next community meeting will be held on : Thursday 23 June 2016.

For more information please see our organising teachers Miss Deer (KD) or Mrs Batcheldor (1/2B).



Preschool News

Week 9—Friday 24 June

Preschool family BBQ

Week 10—Tuesday 28 June and Friday 1 July

Preschool Police Station Visit

Cost—Free

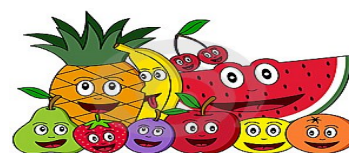
P&C News

Fundraising

Pie Drive orders are in and it looks like it's going to be the biggest one yet having taken just over \$4500 in orders. Thank you to everyone who placed orders especially the Perry, Beveridge, Matheson, Armstrong, Moon and Jennings family's for your excellent fundraising efforts with orders \$200+. Delivery day for collecting pie orders is **Tuesday 28 June** from the Multipurpose Rooms. Due to the high number of orders **we really need help** in sorting orders ready for collection. If anyone is available on Tuesday to help please contact Rebecca S (0431722067) or Richelle (0419 210273) or leave a note in the P&C mailbox.



Regards Richelle & The P&C Team



Recess Specials

Monday – **hash browns** - \$1

Tuesday – **chicken dinosaurs** - 50c each

Wednesday – **½ sausage roll** - \$1

Thursday – **spring rolls** - 50c each

Friday – **garlic bread** – 30c each

CANTEEN ROSTER

Thursday	23 June	J Sparks H Singh N Evans
Friday	24 June	S Yarrington M Keegan N Evans
Monday	27 June	R Ervine A Lyte J Kennett
Tuesday	28 June	V Buchanan J Sparks
Wednesday	29 June	K Mavridis J Kennett



Nutrition Snippet

The simplest way

...to use leftovers in lunch boxes.

Cooking extra for dinner and using leftovers for lunches is a great way to save time, money and add extra veg to the midday meal.



Here are some great lunch box-ready meals:

- Noodles, pasta, stir fry or fried rice.
- Homemade pizza.
- Cottage pie or spaghetti bolognese (added to a bread roll).
- Frittata or veggie slice.
- Baked veg (roast pumpkin or sweet potato on wraps and sandwiches), corn on the cob.
- Homemade potato salad or coleslaw (on a sandwich with home-cooked meat, chicken or tinned tuna).

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Nutrition Snippet

The simplest way

...to enjoy all forms of fruit & veg.

Fresh fruit and vegetables are an essential part of a healthy diet.

But did you know frozen, chilled, canned and dried fruit and veg also count towards your daily number of serves? (Aim for 2 serves of fruit and 5 of veg.)



These alternatives are a great option:

- when fresh is in short supply;
- for convenience (storage, time saving);
- to stock the fridge, freezer and cupboard, so you'll always have fruit and veg on hand!

Top tips:

- Choose "no added salt" or "salt reduced" canned veg and fruit in "natural juice" not syrup.
- Limit dried fruit to no more than one serve a day (approx. 30g) as too much can lead to excess weight gain and tooth decay.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

